

ALICIA M. DEL PRADO

EDUCATION / CREDENTIALS

Licensed Counseling Psychologist
State of California, PSY 24116

February 2011

Ph.D. Counseling Psychology
Washington State University, Pullman, WA
Accredited by the American Psychological Association
Dissertation: Development and Validation of an Enculturation Scale for Filipino Americans

August 2007

B.S. Psychology
Magna cum laude, Santa Clara University, Santa Clara, CA

December 2000

CLINICAL EXPERIENCE

Private Practice, The Wright Institute, Berkeley, CA. April 2011 – present.

- Provide individual therapy to clients with clinical issues, including anxiety, depression, trauma, relationships problems, stress management, life transitions, death of loved ones, body image concerns, and identity
- Expertise with following populations: working with college students, professionals, people of color, women, Filipino Americans, and multiracial persons
- Counsel from an evidence based framework, utilizing a cognitive-behavioral, interpersonal, and multicultural theoretical orientation
- Coordinate treatment with psychiatrists and other practitioners, as clinically indicated.
- Conduct psychological assessments
- Offer diversity consultation services and dissertation coaching

Contract Psychologist, Postdoctoral Fellow & Predoctoral Psychology Intern,

University of California, Berkeley, Counseling and Psychological Services, Berkeley, CA. August 2006 – August 2008; March – May 2012.

- Counseled diverse undergraduate and graduate students, from an interpersonal, multicultural, and cognitive-behavioral framework, on personal and career concerns
- Conducted in-person and telephone intake assessments; made referrals to on-campus and community resources, including psychiatry, urgent care, disability resources, and social services
- Co-led transitions support group for first generation college students, reentry students, and student parents experiencing adjustment difficulties. Led cognitive-behavioral psychoeducation groups for individuals experiencing anxiety, depression, and stress
- Administered and interpreted career and psychological assessments, including the

Strong Interest Inventory, Myers-Briggs Type Inventory, Minnesota Multiphasic Personality

Inventory-II, California Psychological Inventory, and Beck Depression Inventory-II

- Provided crisis assessment and interventions for drop-in clients
- Led outreach presentations and workshops to campus community on stress management, health services, and increasing academic self-confidence.
- Responded to consultation calls from parents, students, faculty, and staff
- Facilitated training seminars on counseling theory for psychology and social work interns
- Reviewed applications, conduct interviews, and assist with hiring decisions for predoctoral interns and postdoctoral fellows
- Develop evaluation instruments for training program in order to improve effectiveness and meet accreditation standards
- Supervised master's level career counseling intern on clinical skills, theoretical development, and professional development
- Served as liaison to resident hall community providing consultation to Resident Directors and Resident Assistants on mental health issues

Advanced Practicum Counselor, Washington State University, Counseling and Testing Services, Pullman, WA. August 2002 – December 2005.

- Provided individual, couples, and group counseling to undergraduate and graduate students
- Co-led the Mind/Body Workout Group—an educational, process-oriented support group for individuals managing stress, coping with depression, and needing assistance with adding exercise to their lives
- Led psychoeducational BASICS (Brief Alcohol Screening and Intervention of College Students) groups designed to help students change their alcohol use and reduce high-risk behaviors
- Administered and interpreted objective and projective psychological assessments
- Conducted intake assessments and provided referrals
- Facilitated stress management foundational appointments and conducted brief stress management counseling
- Conducted workshops and outreach presentations on anger management, bicultural identities, body image, counseling center services, eating disorders, stress management, substance use, and time management
- Additional Training: Alcohol Harm Reduction Model, Crisis Intervention, Mindfulness Therapy, Sexual Assault, Stress Management Program

Graduate Counseling Assistant, Washington State University, Career Services Pullman, WA. August 2001 – May 2002.

- Provided individual career counseling to university students with job-search inquiries

- Developed and facilitated multiple outreaches on career-related topics such as orientation to career services, career selection, and interviewing strategies
- Conducted mock interviews and provided feedback on resources and cover letters

Group Leader, Eastfield Ming Quong (mental health agency)
Cambell, CA. November 1999 – March 2000.

- Led and co-led education support groups for children ages 6 –11 from substance addicted families
- Taught preventative lessons that increased members' knowledge of substance abuse, expression of emotion, boundaries, and responsibility
- Utilized structured exercises to impart information, teach problem-solving skills, and develop coping skills

Family Specialist Intern, Eastfield Ming Quong
Los Gatos, CA. September 1999 – January 2000.

- Mentored adolescents from diverse cultural and socio-economic backgrounds
- Utilized community resources to foster clients' development in society
- Collaborated with therapists, social workers, and physicians to implement short and long term goals for families with children with behavioral and emotional difficulties
- Participated in committees dedicated to the development of art and music programs

TEACHING EXPERIENCE

Tenured Associate Professor, The Wright Institute, Clinical Psychology Program
Berkeley, CA. September 2008 – present.

- Teach Case Conference, Cognitive-Behavioral Therapy, Research Methods, Statistics, Tests and Measurement, Professional Development Seminar, and Proposal Development to doctoral level clinical psychology students
- Mentor graduate students on their research topics and serve on dissertation committees
- Chair Curriculum Committee of approximately 8 faculty members, students, and administration
- Faculty advisor to student groups, including Wright Institute Students of Color Group (WISOC) and Wright Institute Student Research Consultation Group
- Serve on the Curriculum Committee with faculty, dean, and student representatives
- Work on accreditation projects for American Psychological Association and Western Association for Schools and Colleges with president and faculty members
- Assist dean with professional development concerns for students
- Co-chaired Diversity Committee of faculty members, staff, and students. Served on the Diversity Committee for over two years from 2010 - 2013
- Previously taught Advanced Ethics, Cognition, Emotion, and Personality, Social Psychology, and Life Span Development to doctoral level clinical psychology students
- Led Professional Conduct Task Force with faculty members and students during the

2009- 2010 academic year

- Coordinated student probation work
- Conducted presentations for Cognitive Behavioral Therapy Clinic, Faculty Forum, WI Masters Program, Telling All Perspectives
- Mentored new adjunct faculty teaching the research classes
- Reviewed nominated dissertations for graduation awards in 2012 and 2013

Lecturer, Santa Clara University, Psychology Department
Santa Clara, CA. Summer 2006 - 2007, 2009-2010.

- Taught Abnormal Psychology to undergraduate students. Integrated scientific findings, case studies, and clinical examples to illustrate etiology, course, and treatment of psychological disorders
- Taught Cross-cultural Psychology courses to undergraduate psychology majors focusing on health, research methods, development, gender, health, counseling, identity, and interpersonal relations

Adjunct Faculty Member, The Wright Institute, Masters of Art in Counseling Psychology Program Berkeley, CA. Spring 2009 & Fall 2009.

- Taught Introduction to Psychological Testing, Psychopathology and Treatment, and Research and Education to master's level psychology students
- Developed competency exam questions
- Conducted professional conduct evaluations

Lecturer, Sonoma State University, Masters of Art in Counseling Department
Sonoma, CA. August 2007 – December 2007.

- Taught Psychological and Educational Assessment course to graduate students in Marriage and Family Therapy and School Counseling tracts
- Lectured and facilitated discussion on assessment history, statistics, cultural considerations, ethical issues, and intake interviews
- Covered objective and projective instruments, including personality, intelligence, acculturation, and neurological tests
- Provided written and verbal feedback on test reports

Instructor, Washington State University, Career Services
Pullman, WA. August 2004 – May 2005.

- Taught College Majors and Career Choice course to first year and re-entry undergraduate students
- Developed students' understanding of the principles of career development to set foundation for effective educational and career decision making
- Administered and interpreted assessments of interests, skills, and values with intent of enhancing students' self-awareness and identification of "fit" between themselves and academic majors, career goals, and occupations

- Introduced students to campus resources for career exploration

PUBLICATIONS

- del Prado, A.** & Kolmes, K. (in preparation). Social media training and intervention in professional psychology graduate programs.
- Kim, A. & **del Prado, A.** (2013). California is changing: Training “California-competent” clinicians. *The California Psychologist*. 6-8.
- del Prado, A.**, & Church, A. T. (2010). Development and validation of an enculturation scale for Filipino Americans. *Journal of Counseling Psychology*, 57, 469-483, DOI: 10.1037/a0020940
- Sanchez, D., **del Prado, A.**, & Davis, C. (2010). Broaching ethnicity in therapy. In J. Cornish, B. Schreier, L. Nadkarni, & E. Rodolfa (Eds.), *Handbook of multicultural counseling competencies*. Wiley & Sons, Inc.
- Church, A. T., Katigbak, M. S., & **del Prado, A. M.** (2009). Cultural similarities and differences in perceived affordances. *Journal of Research in Personality*, 44, 78-90, DOI: 10.1016/j.jrp.2009.11.003
- Lee, J. J., Church, A. T., **del Prado, A. M.**, Katigbak, M. S, Vargas-Flores, J. D., Ibáñez-Reyes, J., Curtis, G. J., Whitty, M. T., & Ortiz, A. (submitted for publication). Culture and the Content of Self-Concepts: An Alternative Approach
- del Prado, A. M.**, & Lyda, J. (2009). The Multiracial movement: Bridging society’s language barrier. In J. L. Ching (Ed.), *Diversity in mind and action* (Vol. 1, pp. 1-16). Santa Barbara, CA: Praegar.
- Church, A. T., Anderson-Harumi, C. A., **del Prado, A. M.**, Curtis, G., Tanaka-Matsumi, J., Valdez-Medina, J. L., Mastor, K. A., White, F. A. Miramontes, L. G., & Katigbak, M. S. (2008). Culture, cross-role consistency, and adjustment: Testing trait and cultural psychology perspectives. *Journal of Personality and Social Psychology*, 95, 739-755.
- del Prado, A. M.**, Church, A. T., Katigbak, M. S., Miramontes, L. G., Whitty, M. Curtis, G. J., Vargas-Flores, J., Ibáñez-Reyes, J., Ortiz, F. A., G., & Reyes, J. A. S. (2007). Culture, method, and the content of self-concept: Testing trait, individual-self primacy, and cultural psychology perspectives. *Journal of Research in Personality*, 4(6) 1119–1160.
- Church, A. T., Katigbak, M. S., Miramontes, L. G., **del Prado, A. M.**, & Cabrera, H. F. (2007). Culture and the behavioral manifestations of traits: An application of the act frequency approach. *European Journal of Personality*, 21, 389-417.
- Church, A. T., Katigbak, M. S., **del Prado, A. M.**, Valdez-Medina, J. L., Miramontes, L. G., & Ortiz, F. A. (2006). A cross-cultural study of trait self-enhancement, explanatory

variables, and adjustment. *Journal of Research in Personality*, 40, 1169-1201.

Church, A. T., Katigbak, M. S., **del Prado, A. M.**, Ortiz, F. A., Mastor, K. A., Harumi, Y., Tanaka-Matsumi, J., Vargas-Flores, J., Ibáñez-Reyes, J., White, F. A., Miramontes, L. G., Reyes, J. A. S., & Cabrera, H. F. (2006). Implicit theories and self-perceptions of traitedness across cultures: Toward integration of cultural and trait psychology perspectives. *Journal of Personality and Social Psychology*, 37, 694-716.

Church, A. T., Katigbak, M. S., Ortiz, F. A., **del Prado, A. M.**, de Jesus Vargas-Flores, J., Ibanez-Reyes, J., Reyes, J. A. S., Cabrera, H. F., & Pe-Pua, R. (2005). Investigating implicit trait theories across cultures. *Journal of Cross-Cultural Psychology*, 36, 476-496.

Burger, J. M., Messian, N., Patel, S., **del Prado, A.**, & Anderson, C. (2004). What a coincidence! The effects of incidental similarity on compliance. *Personality and Social Psychology Bulletin*, 30, 35-43.

TRAINING EXPERIENCE

del Prado, A. (2016, May). Serving multiracial patients: Resources and skills for therapists. Infant, Child, and Adolescent Psychiatry (ICAP) Grand Rounds, San Francisco, CA.

del Prado, A. (2016, April). Serving multiracial clients: Resources and skills for therapists. California Community College Mental Health & Wellness Association, Kentfield, CA.

del Prado, A. (2016, March). Serving multiracial clients: Resources and skills for therapists. Wright Institute Faculty Forum, Berkeley, CA.

del Prado, A. (2015, April). Becoming an ally: Welcoming differences in the CCA Community & Beyond. California College of the Arts, San Francisco, CA.

del Prado, A. (2015, March). Becoming an ally: Welcoming differences in the CCA Community & Beyond. California College of the Arts, Oakland, CA.

Kim, A. & **del Prado, A.** (2014, April). Can we talk?: Urgent mandates for culturally competent California psychologists. 2014 California Psychological Association Convention, Monterey, CA.

del Prado, A. & Kim, A. (2013, November). Courageous conversations about culture and diversity. Wright Institute Continuing Education. Berkeley, CA.

del Prado, A. (2011-2013). Cultural competency. California College of the Arts, Oakland, CA.

del Prado, A. (2011-2013). Professional development: Faculty work and private practice. University of California, Berkeley's Counseling and Psychological Services, Berkeley, CA.

del Prado, A. (2010). Multiculturalism: Increasing awareness and enhancing competency. Student Affairs at California College of the Arts, Oakland, CA.

del Prado, A. (2009-2010) Racial identity development of multiracial persons. Wright Institute's Master's Program, Berkeley, CA.

del Prado, A. (2010). Countertransference. University of California, Berkeley's Counseling and Psychological Services, Berkeley, CA.

del Prado, A. (2009). Cognitive behavioral therapy. University of California, Berkeley's Counseling and Psychological Services, Berkeley, CA.

del Prado, A. (2008). Clinical work with multiracial clients. University of California, Berkeley's Counseling and Psychological Services, Berkeley, CA.

SYMPOSIUM and PANEL PRESENTATIONS

del Prado, A. & Jayanty, A. (2016, August). Multiracial Asian Americans: The meanings of being mixed. Presentation conducted at the Asian American Psychology Association, Denver, CO.

del Prado, A., O'Banion, M., & Pizer, B. (2016, January). Are you my mentor? Fostering positive mentoring experiences for women in professional psychology programs. Panel conducted at the National Council of Schools and Professional Programs' Mid-Winter Conference, Buckhead, GA.

Kadaba, M., & **del Prado, A.** (2016, January). Apart and together: Asian American experiences of family separation. Workshop presented at Annual Stanford Asian American Issues Conference, Palo Alto, CA.

Cajilog, C., Cotas, A., **del Prado, A.**, Ramos, V., Larano, P., Ruiz, M., & Alviar, S. (2016, January). *Unlearning Whiteness: Filipino American Ethnic Identity*. Panel conducted at Annual Stanford Asian American Issues Conference, Palo Alto, CA.

Kahane, R., Thomas, J., Newman, G., & **del Prado, A. M.** (2011, October). Demystifying the Licensing Exams. Panel conducted at the Wright Institute, Berkeley, CA.

del Prado, A. M., & Church, A. T. (2007, August). Enculturation scale for Filipino Americans (ESFA). In A. T. Church (Chair), *Acculturation Measurement and Outcomes*. Symposium conducted at the meeting of the 115th Annual Convention of the American Psychological Association, San Francisco, CA.

del Prado, A. M., Katigbak, M. S., Church, A. T., Miramontes, L. G., Whitty, M. Curtis, G. J., Vargas-Flores, J., Ibáñez-Reyes, J., Ortiz, F. A., G., & Reyes, J. A. S. (2006, August).

Culture, method, and self-concept: Testing elements of an integrated cultural trait psychology. In A. T. Church (Chair), Trait and cultural psychology perspectives in crosscultural personality research. Symposium conducted at the meeting of the 114th Annual Convention of the American Psychological Association, New Orleans, LA.

Miramontes, L. G., Church, A. T., Katigbak, M. S., Winskel, H., Vargas-Flores, J., Ibáñez-Reyes, J., Reyes, J. A. S., White, F. A., Ortiz, F. A., & **del Prado, A. M.** (2006, August). Culture and everyday explanations of behavior. In A. T. Church (Chair), Trait and cultural psychology perspectives in cross-cultural personality research. Symposium conducted at the 114th Annual Convention of the American Psychological Association, New Orleans, LA.

del Prado, A. M., Church, A. T., Katigbak, M. S., Valdez-Medina, J. L., Miramontes, L. G., & Ortiz, F. A. (2005, March). A Cross-cultural study of trait self-enhancement, explanatory variables, and adjustment. In A. T. Church (Chair), Trait psychology in cross cultural perspectives. Symposium conducted at the meeting of the International Globalization, Diversity, and Education Conference, Pullman, WA.

del Prado, A. M. (2004, March). Measuring the Acculturation of Filipino Americans. In T. Parish (Chair), Incorporating who I am into what I do. Symposium conducted at the meeting of the Graduate Research Conference, Pullman, WA.

POSTER PRESENTATIONS

Cotas, A., Cajilog, C., & **del Prado, A.** (2016, August). "*How Filipino are you?*": *Strengthening the construct validity of the enculturation scale for Filipino Americans with colonial mentality and acculturation.* Poster presented at Asian American Psychological Association's 2016 Annual Convention, Denver, CO.

Cotas, A., Cajilog, C., & **del Prado, A.** (2016, July). "*How Filipino are you?*": *Strengthening the construct validity of the enculturation scale for Filipino Americans with colonial mentality and acculturation.* Poster presented at the fourth biennial American Psychological Association Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race Research Conference, Stanford University, Palo Alto, CA.

Dorani, S., & **del Prado, A.** (July, 2016). *The impact of acculturation, acculturative stress, and ethnic identity on second-generation Iranian Americans.* Poster presented at APA's Division 45 Society for the Psychological Study of Culture, Ethnicity and Race conference, Stanford, CA.

Rhee, S., **del Prado, A.**, & Tuicomepee, A. Help-seeking toward counseling among Thai international students: A consensual qualitative research approach. Poster presented at the National Council of Schools and Professional Programs' Mid-Winter Conference, Buckhead, GA in January 2016.

- Bruhns, M.E., **del Prado, A.**, Lapinski, A.J., Slezakova, J., Li, T., & Pizer, B. Recovering from commercial sexual exploitation in childhood: Survivors' perspectives. Poster presented at the 122nd Annual Convention of the American Psychological Association, Washington D. C., in August 2014.
- Tuicomepee, A., **del Prado, A. M.**, Obana, M., Davis III, C. Low, R. & Romano, J. L. R. Ethnic group differences and presenting concerns of students. Poster presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA in August 2007.
- Church, A. T., **del Prado, A. M.**, Katigbak, M. S., Miramontes, L. G., Valdez-Medina, J. S., & Ortiz, F. A. (2006, March). A Cross-cultural study of trait self-enhancement and explanatory variables. Poster presented at the Washington State University Academic Showcase, Pullman, WA.
- Miramontes, L. G., Church, A. T., Katigbak, M. S., **del Prado, A. M.**, Valdez-Medina, J. S., & Ortiz, F. A. (2006, March). Trait self-enhancement and adjustment: A cross-cultural study. Poster presented at the Washington State University Academic Showcase, Pullman, WA.
- del Prado, A. M.**, Church, A. T., Katigbak, M. S., Miramontes, L. G., Valdez-Medina, J. S., & Ortiz, F. A. (2005, August). A Cross-cultural study of trait self-enhancement and explanatory variables. Poster presented at the 113th Annual Convention of the American Psychological Association, Washington D. C.
- Miramontes, L. G., Church, A. T., Katigbak, M. S., **del Prado, A. M.**, Valdez-Medina, J. S., & Ortiz, F. A. (2005, August). Trait self-enhancement and adjustment: A cross-cultural study. Poster presented at the 113th Annual Convention of the American Psychological Association, Washington D. C.
- del Prado, A. M.**, Church, A. T., Katigbak, M. F., Ortiz, F. A., de Jesus Vargas-Flores, J., Ibanez-Reyes, J., Reyes, J. A. S., Cabrera, H. F. (2004, July-August). Relating implicit theories, self-construals, and self-monitoring across cultures. Poster presented at the 112th Annual Convention of the American Psychological Association, Honolulu, HI.
- Ortiz, F. A., Church, A. T., Katigbak, M. S., **del Prado, A. M.**, Vargas-Flores, J., Ibanez-Reyes, J., Pe-Pua, R., Cabrera, H. F. (2004, July-August). A cross-cultural study of implicit trait beliefs. Poster presented at the 112th Annual Convention of the American Psychological Association Convention, Honolulu, HI.
- del Prado, A. M.** & Burger, J. B. (2001, August). Effect of the norm of reciprocity on American and Filipino participants. Poster presented at the 109th Annual Convention of the American Psychological Association, San Francisco, CA.
- Messian, N., Patel, S., **del Prado, A. M.**, Anderson, C., & Burger, J. M. (2001, August). What a Coincidence! The effects of incidental similarity on compliance. Poster session presented

at the 109th Annual Convention of the American Psychological Association, San Francisco, CA.

ONLINE PUBLICATIONS

del Prado, A. M. (2010). Growing up multiracial. Saturday Oct. 9, 2010
<http://childdevelopmentconnect.blogspot.com/2010/10/growing-up-multiracial.html>

del Prado, A. M. (2011). Fostering healthy ethnic identity development. Tuesday Aug. 9, 2011
<http://childdevelopmentconnect.blogspot.com/2011/08/fostering-healthy-ethnicidentity.html>

PROFESSIONAL ACTIVITIES

Co-Chair of Division of Filipino American Psychology (DoFA), Asian American Psychology Association, July 2014 – present.

- Lead the DoFA board and support its members in the collaborative work of (a) understanding the social, cultural, emotional, political, and personal factors constituting Filipino American psychology and (b) improving Filipino American mental and behavioral health
- Chaired the first ever Filipino American Psychology Conference, “Filipino American Psychology: Past, Present, and Future”, in January 2016. Event planning included coordinating speakers, solidifying venue and vendors, supervising staff and student workers, and creating and presenting the Virgilio Enriquez Award to California Assemblymember Rob Bonta
- Serve on the Executive Committee of DoFA and co-facilitated the meetings with fellow co-chair
- Act as a liaison to AAPA Executive Board and AAPA Committee of Representatives
- Oversee student scholarship selection and award

Co-Founder of Division on Asian Americans with Mixed Heritage, Asian American Psychology Association, August 2016 – present.

- Submitted a petition to the AAPA community to develop this seminal division for members interested in advancing the psychological needs of Asian Americans with multiple heritages.
- In process of developing the by-laws; policies and procedures; and creating the governance infrastructure

Chair of the Women’s Issue Committee (WIC), National Council of Schools and Programs in Professional Psychology, July 2014 – January 2016

- Led WIC in its mission to promote the interests and issues of women in the education

and training of professional psychologists, including advocating for and monitoring issues relevant to women within NCSPP and its member institutions, the profession of psychology, and in society.

- Served on the Executive Committee of the NCSPP and liaison to the American Psychology Association's Committee on Women in Psychology
- Promoted membership communication via the creation of the WIC listserv

Ad-hoc Reviewer, Training & Education in Professional Psychology
August 2007 – present.

- Edit manuscripts submitted for publication in academic journal
- Emphasis areas: doctoral academic training, multicultural competency

Co-Editor, Asian American Psychological Association (AAPA)
May 2007 – October 2008.

- Edited articles submitted for publication in the official AAPA newsletter
- Collaborated with fellow co-editors on decision-making for the newsletter

Scheduling Coordinator, University of California, Berkeley
Berkeley, CA. January 2007 – August 2007.

- Corresponded with Division of Counseling Psychology (Div. 17) governance, including the executive board, section chairs, and committee chairs, regarding conference scheduling at the 115th Annual Convention of the American Psychological Association
- Planned hospitality suite agenda for Division of Counseling Psychology
- Delegated and coordinated administrative tasks to hospitality committee members
- Managed university student volunteers

Academic Advisor, Washington State University, Multicultural Center
Pullman, WA. August 2002 – May 2003.

- Mentored undergraduate members
- Planned multicultural events for the university and surrounding community
- Fundraised for nonprofit organizations

PROFESSIONAL AFFILIATIONS

American Psychological Association

Division 17 Counseling Psychology

Division 17 Section on Ethnic and Racial Diversity

Division 45 Society for Psychological Study of Ethnic Minority Issues

Division 29 Psychotherapy

Asian American Psychological Association

Division of Filipino American Psychology

California Psychological Association
National Council of Schools and Programs of Professional Psychology
Ethnic and Racial Diversity Committee
Psi Chi: National Honor Society in Psychology
Phi Beta Kappa
Society of Sigma Xi: The Scientific Research Society
Alpha Sigma Nu, National Jesuit Honor Society

AWARDS AND SCHOLARSHIPS

Division on Filipino Americans Leadership Award for Exemplary Service, 2016
Distinguished Service and Outstanding Contributions Recognition, National Council of Schools and Programs Women's Issues Committee, 2014 - 2015
U.S. Department of Health's Faculty Loan Repayment Program, 2010
University Health Services Spot Award, 2008
Association of Faculty Women Harriett B. Rigas Award, 2007
Washington State University's Highlight Ph.D. Student, 2007
Outstanding Graduate Student Nominee, 2006
Washington State University Graduate School Travel Grant, 2005
Washington State University, Department of Educational Leadership and Counseling Psychology Professional Development Grant, 2005 & 2004
Leroy Olsen Counseling Psychology Scholarship, 2005
Pauline E. Thompson Scholarship, 2003 & 2004
Inspiring Woman of Color Certificate, 2003
Wilhelm Wundt Award, 2001
Presidential Scholarship, 2000
Dean's List, Santa Clara University, 1998-2000
Exceptional UCSF Summer Student Award, 1998
Santa Clara University Scholarship & Distinction, 1997-2001